

Good Neighbor Policy

All Members will be mindful and respectful of their surroundings, especially concerning the neighborhood our homes are in. Being a part of **Steps to Recovery Homes** and **Kconnect Wellness Center** means changing our behavior, perception, and attitude for the goodwill of all. Remember that we are striving to be productive members of our environments. Everywhere we go and everything we do. This behavior can mean any environment we are a part of, including but not limited to the recovery homes, our workplace, the meetings we attend, event facilities we visit, etc., and will enable us to succeed in all our relationships, especially with our families.

- You represent yourself and should do so in such a manner that you exude excellence and humility. Be proud that you are overcoming an addiction, but humble in your attitude toward others. Remember, your actions are what counts.
- You represent Steps to Recovery Homes.
- You represent recovering people with an addiction everywhere. The stigma of addiction remains despite decades of public education. Although community members support your recovery, people still struggle with a sober living facility being in their neighborhood. A part of your mission is to demonstrate the strength and character it takes to change for the better. Through our actions, our goal is to show that we are good people with a bad illness and deserve a chance, not prison.
- Keep your voices lowered and be aware of the subject matter outside and inside. Remember to reflect on how you are acting and ask yourself if it's productive for those around you. Be mindful of children and others that have to *live* by you. Always reflect on how you would feel if you looked at things from their perspective.
- Volunteer to be of help in any way you can. Look for ways to chip in, whether at home or in public. Being a part of the solution and assisting others will be crucial in your journey to long-term recovery.
- At meetings - shut off your phone, pay attention, learn from the people who have maintained long-term sobriety, present as humble, and do not dominate meetings.
- Always remember we do not need to be understood all the time. Practicing active listening is a significant piece of healthy communication.
- Do not litter, do not spit, drive courteously, and obey all traffic laws. Be a Good Samaritan.
- Be *very* mindful of who you have *over* to the home and follow the visitor policy.
- Use "Please" and "Thank you".
- Be polite and courteous -you will be amazed how many doors will open on their own!

Our community is encouraged to assist us in complying with all federal, state, and local ordinances. Should you ever have any questions or concerns, please get in touch with our Co-founder and Housing Director:

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